



BLITZFIT
AUSTRALIA
CHERMSIDE/ASPLEY
GET FIT • STAY FIT

BLITZFIT AUSTRALIA MEMBER TESTIMONIAL

Bek



I joined Blitzfit Australia 2 years ago after having my fourth child and I was struggling to find time for myself.

I was hooked from my first session. Kath and the team at Blitzfit Australia are fantastic!

In the 2 years I've been with Blitzfit not one bootcamp has been the same. Every workout is unique, fun and challenging.

During my pregnancy Kath was very accommodating which allowed me to continue attending bootcamp.

After the birth of my fifth child I couldn't wait to get back to bootcamp to start achieving my fitness and weightloss goals again.

The bootcampers at Blitzfit Australia are a friendly welcoming bunch of people!

